

GORSEBROOK JUNIOR HIGH COMMUNITY MEMO

THIS WEEK AT GORSEBROOK: Sept. 30th - Oct. 4th, 2024

*Please read below for the week's events and other school-related information

This is: Week 1

MONDAY

National Day for Truth & Reconciliation – No Classes

TUESDAY



- Debate Club at lunch. Please come straight to room 222 at the bell and bring your lunch.
- Male-Identifying Soccer Game @ 5:15 pm (Tremont Plateau Park)
- Cross-Country practice @ 11:45 am. Meet Mr. Chaulk at the outdoor basketball court. Please make sure you are wearing appropriate running shoes and dressed accordingly with a water bottle. Students may eat lunch in Mr. Chaulk's room when practice finishes.
- French extra help in room 211 @ 12:10 pm

WEDNESDAY



- Library opened @ lunch
- Female-Identifying Soccer Game @ 5:15 pm (Glenbourne)
- Film Club @ noon Room 217
- SAC Meeting 11:45-12:50 pm
- Girls Soccer game Wednesday 5:15 at Glenbourne

THURSDAY



- Library opened @ lunch
- School Advisory Council Meeting 11:45-12:50
- Grade 7 band rehearsal will take place from 8:00-8:30 am in the band room.
- Male-Identifying Soccer Game @ 4:00pm (Tremont Plateau Park)
- Cross-Country practice @ 11:45 am. Meet Mr. Chaulk at the outdoor basketball court. Please make sure you are wearing appropriate running shoes and dressed accordingly with a water bottle. Students may eat lunch in Mr. Chaulk's room when practice finishes.
- Math extra help @ 12:10-12:50 pm in room 221 with Mr. Katcher.

FRIDAY



- D&D club will be starting for all those interested (regardless of experience) during lunch in room 101.
- EAL games and conversation club with Ms. Andrews at 12pm in room 107. Bring your lunch. All are welcome.

Upcoming Dates

Sept. 30th - Truth and Reconciliation Day (No School)

Oct. 7th - Terry Fox Run

Oct. 11th - PD Day (No School for students)

Oct. 14th - Thanksgiving Holiday (No School)

Oct. 17th - Bus Evacuation Drills (AM)

Oct 24th - School Dance (6:00-8:00 pm)

Safe Arrival Reminder

<u>Attendance:</u> Students are recorded as absent by their homeroom teachers if they aren't in their homeroom by 8:40 am.

SAFE ARRIVAL: To report your child(ren) absent, you can use any of the following methods:

Toll-Free Number

Parents/guardians can call 1-833-582-6940 to report:

- Future absences using an automated system (max 5 consecutive days) at a time.
- Excuse your child(ren) for a full day (no half-day option). If they arrive late or after an appointment, their attendance will be updated in our system upon arrival.

PowerSchool Parent/Student Portal

Parents/guardians can log in to https://sishrsb.ednet.ns.ca/public/ to access the School Messenger website to report future absences.

School Messenger App

Parents/guardians can download the School Messenger app for Android and iOS devices and use their username and password for the PowerSchool Portal.

*All three methods are available 24 hours a day, 7 days per week. Absences can be reported any time before the start of school (9:10 am) on the day the student will be absent. Up to five consecutive absences can be recorded at once.

If your child will be absent for the afternoon only, please contact the main office at 902-421-6758 ext. 5451000. Feel free to leave a message for this absence. This information can also be found on the hrce.ca website under For Families > General Information > Safe Arrival

Please do not email teachers for attendance purposes.

Thank you for your understanding (3)

From the Office

- Please note: Gorsebrook is a scent-free school. Many students and staff have sensitivities. Please do not use spray deodorants/perfumes while at school.
- We kindly ask that students bring a **cold lunch** to school, as we do not have access to a microwave for student use.
- We've noticed that some students have been leaving their lockers unlocked. To prevent any lost or misplaced items, we kindly ask that students remember to lock their lockers when not in use. This will help protect their belongings throughout the day.

Terry Fox Run 2024

#NOMATTERWHAT

Run Date: Monday, October 7th (Rain date: Monday, October 21st)

School Goal: \$2000 **Ways to Donate:**

- Cash or cheque donation
 - *Donations will be collected in homeroom until October 15th or can be dropped off at the office.
- Online donation via our School Fundraiser Page
- Purchase a 2024 Terry Fox T-Shirt Order forms going home Monday

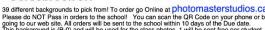
*DUE: Tuesday, October 1st. All sales are added to our fundraising total

Photo Orders Due: October 1st

- To Order your school photos, please visit photomasterstudios.ca
- Click on school photo orders and find your school in the list and enter your power school # (Student #)
- All prices will show up when you click on a photo. 39 different backgrounds!

School Photos by Photomaster Studios

Gorsebrook JH Orders Due on Oct 1st









From the Math Department

The EECD Homework Hub is a valuable mathematics resource for students in grades 7 to 12. Students can access live tutors on Sunday to Thursday evenings from 5:30 to 9:30 pm. These tutors are certified teachers who can tutor any mathematics course in both English and French. In addition to tutoring, students can access electronic textbooks, tutorial videos and practice problems any time of day. Please watch the following EECD video introduction to the homework hub: https://www.youtube.com/watch?v=QnORoA5E7i4. If you have any questions regarding Homework Hub please contact your child's mathematics teacher.

From the Phys. Ed. Department

September and October have many outdoor sports and activities. We like to make use of the good weather while it lasts. Please remember to wear appropriate clothes for outdoor classes. At the moment the mornings are cool but the afternoons are hot, so layers that can be peeled off as the day goes on are ideal. Hats, water bottles, and sunscreen are also recommended.

Sneaker Donations Needed!

If you have any old sneakers lying around that could be given a new life, please consider donating to our "Sneaker Bank". We try to keep pairs in multiple sizes available for those days when kids forget. We don't want students to have to miss out on an awesome phys ed class due to a little forgetfulness!

From HRCE

HRCE honours National Day for Truth & Reconciliation 2024 - "The day honours the children who never returned home and survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process."

Please join us in honouring TRC by wearing an Orange Shirt on September 27th (day of observance - school closure September 30th).

From Schools Plus

Family SOS will have two upcoming positive parenting groups beginning in the first week of October. One group will be held on Tuesday evenings, beginning on October 1st, from 7-8PM, and we will be running another group on Thursdays, beginning October 3rd, from 10-11 AM, both via Zoom.

Family SOS Positive Parenting Group

Our free nine-week Positive Parenting Group is offered via Zoom. It consists of eight one-hour group sessions and four individual sessions with the facilitator. This is an evidence-based parent education program. It focuses on relationship building, communication, boundary setting, emotional wellness, and stress management.

Our next Group Session will begin in October 2024. Groups will be offered Tuesdays 7-8 PM and Thursdays 10-11 AM both via zoom.

We are also hoping to offer an Arabic-speaking group in the new year. Please reach out if you would like your name added to this list or have clients you think would benefit. To fill out an intake form, please click here. You will be contacted by a team member closer to the course start date for an assessment.

Individual Parenting Program

This nine-week individual parent education/support program uses evidence-based parenting strategies and is free of charge to parents/caregivers. A Parent Support Worker works collaboratively with parents/caregivers to decode and understand their children's behavior as communication.

Focusing on supporting emotional regulation, effective communication, structure, and setting and maintaining boundaries. Families meet with a Parent Support Worker for approximately one hour per week during regular business hours (9:00 am-5:00 pm).

Individual sessions occur virtually, via Zoom, or in person at our location in Spryfield. To fill out an intake form, please click <u>here</u>.

A team member will contact you for an assessment. Please note our individual parenting program has a 3-4 week waitlist.

Please email <u>parentsupport@familysos.ca</u>, or call 902-455-5515 ext 280 if you have any additional questions, or you would like further information.

Communication

Please follow us on Twitter for updates on school life at GJH! <u>@GorsebrookJHS</u> Other updates and staff emails can be found on our webpage. <u>https://gbf.hrce.ca/</u> Gorsebrook is now on Instagram. Find us @gorsebrookjuniorhigh

Gorsebrook Jr. High has a Parent-led Facebook Group – You can find it by searching GJHS community.