








GORSEBROOK JUNIOR HIGH COMMUNITY MEMO

May 4th - 8th

*Please read below for the week's events and other school-related information

This is: [Week 1](#)

<p style="text-align: center;">MONDAY</p> 	<ul style="list-style-type: none"> ● Grab & Go Breakfast available ● Female-identifying Flag Football Tournament @ BMO Soccer Centre ● Track & Field Jumping Practice @ 11:40am - Basketball Court ● Chess & Strategy Games @ 12pm - Room 210 ● GSA @ 12pm - Room 214
<p style="text-align: center;">TUESDAY</p> 	<ul style="list-style-type: none"> ● Grade 7 Band Rehearsal @ 7:45-8:30am ● Grab & Go Breakfast available ● Male-identifying Flag Football Tournament @ BMO Soccer Centre ● Debate Club @ 12pm - Room 222 ● Math Extra Help & Duke of Ed Help @ 12pm - Room 210 ● Intramurals @ 12pm (max. 30 students) - Gym ● Female-identifying Softball Tryouts @ 3pm - Field
<p style="text-align: center;">WEDNESDAY</p> 	<ul style="list-style-type: none"> ● Grab & Go Breakfast available ● String Ensemble @ 12pm - in the Band Room ● Library Open @ 12pm ● K-Pop Club @ 12pm - Room 109 ● Film Club @ 12pm - Room 217 ● Robotics Club @ 12pm - Room 209 ● Intramurals @ 12pm (max. 30 students) - Gym ● Male-identifying Softball Tryouts @ 3pm - Field
<p style="text-align: center;">THURSDAY</p> 	<ul style="list-style-type: none"> ● Grade 8 Band Rehearsal @ 7:45-8:30am ● Grab & Go Breakfast available ● Violin Technique @ 11:40am - Band Room ● Library Open @ 12pm ● Female-identifying Softball Tryouts @ 3pm - Field
<p style="text-align: center;">FRIDAY</p> 	<ul style="list-style-type: none"> ● Grade 9 Band Rehearsal @ 7:45-8:30am ● Warhammer Club @ 12pm - Room 221 ● Games & Conversation Club @ 12pm - Room 107 ● Readers Rumble @ 12pm - Room 215 ● Senior Woodworking/Duke of Ed Volunteering @ 12pm - Woodshop ● Male-identifying Softball Tryouts @ 12pm - Field ● Female-identifying Softball Tryouts @ 3pm - Field

Upcoming Dates

May 18th - Victoria Day (No School)
May 21st - Family Pizza & BINGO night (6-7 pm)
May 27-29th - Grade 9 Camp Brigadoon Trip

From the Office

Hoods in Hallways Reminder

Students are reminded that hoods are not to be worn up while in the hallways. This expectation helps staff maintain a safe and welcoming environment where students can be easily identified. We appreciate everyone's cooperation in following this school expectation.

Scent-Free Environment Reminder

We have noticed an increase in scented products being worn to school. Gorsebrook is a scent-free environment, as both students and staff may have sensitivities or medical reactions to fragrances. We ask that students avoid wearing perfumes, colognes, or other scented products to help ensure a comfortable and safe space for all. Thank you for your understanding and support.

Donation/Loan Request

Mr. Chaulk is seeking Crokinole boards for our upcoming annual Skills Rodeo. If you have a board that you wish to donate or loan, please contact Mr. Chaulk (achaulk@hrce.ca). Thank you for your consideration!

National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S)

On May 5, our school community will join others across the country to recognize the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S), also known as Red Dress Day.

We invite all students and staff to wear red on Tuesday, May 5th, in solidarity with the Red Dress Movement.

BINGO Night @ Gorsebrook!

Family Pizza & BINGO Night 5:30-7:30pm on Thursday, May 21!

WHO: Gorsebrook Junior High students and their families, Grade 6 students from LeMarchant St. Thomas, Inglis Street Elementary and St. Mary's School. Family members are welcome and encouraged to attend. Children under 12 require adult supervision.

WHAT: Family Pizza & BINGO NIGHT, presented by the Gorsebrook PTA

WHEN: Thursday, May 21. Doors open at 5:30pm, Games from 6-7:30pm

WHERE: Gorsebrook Jr. High School gym PRIZES: Gift cards, chocolate bars and more!!!

COST: \$5 per ticket which will be **available soon** in SchoolCashOnline (more info to come!). Each ticket comes with a bingo game booklet. Everyone attending needs a ticket. Limited tickets due to seating availability. Purchase by May 19 to be entered into the early bird draw.

BRING CASH for the following:

- PIZZA FOR SUPPER!
- Popcorn, drinks & other treats at the canteen
- Additional bingo game booklets.
- Bingo Daubers (or bring your markers)

All funds raised at the canteen will go to the **GJH GRADE 9 TRIP**. Grade 9 parents, please consider making a canteen donation or volunteering! Sign up to volunteer here: volunteersignup.org/W79KQ

PTA Coffee Fundraiser



The grade 9 parents are having a Java Blend coffee fundraiser to help support our grade 9 student trip to Brigadoon. You can order either medium or dark roast as well as decaf, and choose from whole beans or ground. Each bag is 340g and costs \$18; your order can be placed through SchoolCash Online. Thank you for your support!

[Phys. Ed. Department](#)

Spring in Nova Scotia is commonly referred to as the "Muddy Season." We are fortunate to have access to a field behind our school, which provides an excellent opportunity for students to engage in physical activity both before school and during lunchtime. However, to maintain a clean and safe environment inside the gym, we kindly ask that students bring a separate pair of indoor sneakers to change into. Thank you for your cooperation.

Please note: starting the week of May 4th, if the weather is good, we will be going outside. Students should come prepared with caps, long-sleeved and/or short-sleeved shirts, water bottles, and sunscreen!

[Athletics](#)

All rugby players must return their jerseys to Ms. Macneil ASAP - if jerseys are not returned, deposits will not be refunded.

[Track & Field - Important Information](#)

All interested students, regardless of event, need to meet at the basketball courts behind Gorsebook. All participants must wear proper footwear/clothing for the weather conditions.

All running events (Sprints/Middle Distance) will practice every **Tuesday/Thursday @ 11:45**. Throwing events (Javelin/Discus/Shot Put) every **Wednesday @ 11:45**.

Competition Dates:

- City Meet: May 11/12, Rain date: May 15 @ Beazley Field
- Regionals: May 20, 21, Rain date: May 22 @ Beazley Field
- Provincials: May 29/30 @ Beazley Field

If you have any questions, please reach out to Mr. Chaulk at achaulk@hrce.ca.

[Duke of Edinburgh](#)

The practice hike has been postponed to Friday, May 15th due to weather. If students are no longer able to attend the practice hike because of the date change, please notify Ms. Conrad or Mme Jang.

[From HRCE](#)

Unplugged Webinar on Smartphones, Social Media and More

Unplugged Canada is hosting a LIVE webinar on May 6 every parent and caregiver needs to hear. We're talking smartphones, social media, the research — and most importantly, what we can do about it.

Hosted by Kirsten Sweet, educator and National Program Director with Unplugged Canada with Tania Johnson, Co-founder of the Institute of Child Psychology and Dr. Michele Locke, Clinical Psychologist, learn about the impact of smartphones and social media on youth and how the Unplugged Canada Pledge and our resources can spark meaningful conversations in your home, school, and community.

We'll also introduce two new initiatives: the National School Champion Program and Operation Landline — a summer campaign helping families delay smartphones and reconnect in simpler, more intentional ways.

Come ready to learn, connect, and be part of the movement. Register [here](#).

[Safe Arrival Reminder](#)

Free Live Event

UNPLUGGED CANADA



A National Conversation

with Unplugged Canada Ambassadors

*Tania Johnson,
M.C.*
Co-founder of the Institute
of Child Psychology
Award-winning Author

*Dr. Michele Locke,
Ph.D.*
Clinical Psychologist
Toronto Chapter
Co-founder

*Kirsten Sweet,
M.Ed.*
National Program Director
Alberta Chapter
Co-founder

- Explore the research: Smartphones and Social Media
- Review the Unplugged Pledge and Resources
- Join our National School Champion Program
- Check out our new resource: Operation Landline
- Invite all parents and caregivers in your school community

**Wednesday,
May 6th**

5pm PT | 8pm ET

Attendance: Students are recorded as absent by their teachers if they aren't in their first class by 8:40am.

SAFE ARRIVAL: To report your child(ren) absent or late, you can use any of the following methods:

→ **Toll-Free Number:** Parents/guardians can call 1-833-582-6940 to report:

- Future absences using an automated system (max 5 consecutive days) at a time.
- Excuse your child(ren) for a full day (no half-day option). If they arrive late or after an appointment, their attendance will be updated in our system upon arrival and sign-in at the Main Office.

→ **PowerSchool Parent/Student Portal:** Parents/guardians can log in to <https://sishrsb.ednet.ns.ca/public/> to access the School Messenger website to report all absences.

→ **School Messenger App:** Parents/guardians can download the School Messenger app for Android and iOS devices and use their username and password for the PowerSchool Portal.

*All three methods are available 24 hours a day, 7 days per week. Absences can be reported any time before 9:05 am on the day the student will be absent. Up to five consecutive absences can be recorded at once. If your child will be absent for the **afternoon only**, please contact the Main Office at 902-421-6758 ext. 5451000. Feel free to leave a message stating your child's full name and the duration of the absence.

Information can also be found on the hrce.ca website under For Families > General Information > Safe Arrival

*Please do not email teachers for attendance purposes.

Communication

Other updates and important school information can be found on our webpage. <https://gbf.hrce.ca/>
Gorsebrook Jr. High has a Parent-led Facebook Group – you can find it by searching for 'GJHS Community'.